

Flight Training Progress Record

		Read	Questions	Instruction	Demo	Level 1	Level 2	Level 3	Responsible	Proficient
I	1.1	Primary Flight Controls								
	1.2	Secondary Flight Controls								
	1.3	Using the Flight Instr.								
	1.4	Ground Handling								
II	1.5	Preflight Inspection								
	1.6	Positive Control Check								
	1.7	Tow Rope Inspection								
III	1.8	Securing the Glider								
	1.9	Area Familiarization								

2 - Takeoffs

I	2.1	Takeoff Checklist								
	2.2	Takeoff Proc. and Signals								
	2.3	Takeoff								
II	2.4	Crosswind Takeoff								
	2.5	T.O. w/o a Wing Runner								
III	2.6	Downwind Takeoff								
	2.7	High Density Altitude T.O.								

3 - Aerotow

I	3.1	Intro. to Flying the Tow								
	3.2	Flying the Tow								
	3.3	Release from Tow								
	3.4	"Soft" Release (Optional)								
II	3.5	Shifting Through Wake								
	3.6	Steering Turns								
	3.7	Aerotow Signals								
		Speed Up								
		Slow Down								
		Glider Release Failure								
		Rudder Waggle								
	3.8	Boxing the Wake								
	3.9	Slack Rope on Tow								
	3.10	Slack Rope in a Turn								

4 - In-Flight Maneuvers

I	4.1	Transferring Control								
	4.2	Scanning for Traffic								
	4.3	Pitch/Speed Control								
	4.4	Using the Trim Control								
	4.5	Shallow/Med. Bank Turns								
	4.6	Precision Turns								
	4.7	Airbrakes in Flight								
II	4.8	Steep Turns								
	4.9	Circling Flight								
	4.10	Crabbing								
	4.11	Stalls in Level Flight								
	4.12	Stalls in a Turn								
	4.13	Slow Flight								
	4.14	Stalls with Airbrakes								
	4.15	Side Slip - Alignment								
	4.16	Side Slip - Crosswind								
	4.17	Forward Slip								
	4.18	Low-G Maneuvers								

Student Name: _____

		Read	Questions	Instruction	Demo	Level 1	Level 2	Level 3	Responsible	Proficient
4 - In-Flight Maneuvers (Cont.)	4.19	Selecting Cruise Airspeed								
	4.20	Deep Stalls								
	4.21	Chandelle								
III	4.22	Incipient Spins								
	4.23	Spins								
	4.24	Rapid Speed Changes								
	4.25	High-Speed Flight								

5 - Landing Patterns

I	5.1	Landing Checklist								
	5.2	Intro. to the Pattern								
	5.3	Glide Slope Control								
II	5.4	Radio Use								
	5.5	Crosswind Patterns								
	5.6	Unusual Patterns								
	5.7	Forward Slip w/ Airbrakes								
	5.8	Turning Slips								
	5.9	Side Slip in the Pattern								
III	5.10	No Altimeter Pattern								
	5.11	No Alt. / Airspeed Pattern								
	5.12	No Airbrake Pattern								
	5.13	Full Airbrake Pattern								

6 - Landings

I	6.1	Intro. to the Landing								
II	6.2	Precision Landings								
	6.3	Crosswind Landings								
III	6.4	Landing Over an Obstacle								
	6.5	Sim. Off-Field Landing								
	6.6	Downwind Landings								
	6.7	High Wind Landings								
	6.8	High Altitude Landings								

7 - Flying in Lift

II	7.1	Thermaling								
	7.2	Mountain Wave								
	7.3	Ridge Lift								
	7.4	Convergence/Shear								

8 - Emergency Procedures

II	8.1	Premature Tow Release								
	8.2	Simulated Rope Breaks:								
		Straight Ahead								
		180° Turn								
	Abbreviated Pattern									
	8.3	Rock Off								
	8.4	Power Loss During T.O.								
III	8.5	Power Loss at Altitude								
	8.6	Simult. Release Failure								
	8.7	Spiral Dive Recovery								
	8.8	Unusual Attitude Recovery								
	8.9	Intercept Procedures								

9 - Aeronautical Decision Making

II	9.1	Situational Awareness								
	9.2	Judgment								
	9.3	Self-Discipline								

Completion of Phases I and II required before solo

